

March 26, 2020

COVID clinical information on Spectrum app

The Eastern Health infectious diseases service has updated the Spectrum antimicrobial stewardship app to include COVID-19 treatment information, and will provide daily updates to the app as evidence emerges. The app is funded by Eastern Health and endorsed by the NL Provincial Antimicrobial Stewardship Committee, and contains treatment recommendations based on the NL antibiogram.

Please access the app at <https://spectrum.app/>

Physicians are reminded that experimental antiviral treatment or prophylaxis for COVID-19 is not supported by scientific evidence at this point. International guidelines cannot provide recommendations for benefit of these drugs, which may be associated with harm. Eastern Health pharmacy policy requires infectious diseases consultation for all COVID antiviral prescriptions submitted for inpatients. We encourage physicians to recruit patients into national and international clinical trials, in order to generate high quality evidence for experimental treatments, and to not use experimental treatments outside of clinical trials. Please contact Peter Daley at pkd336@mun.ca if you would like to recruit your inpatients or outpatients into emerging trials which will be opening in Canada, listed [here](#).

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