



Health and Community Services

Spring 2013

Behind the Scenes

Newfoundland and Labrador Prescription Drug Program (NLPDP)

MEDICATION REVIEWS BY PHARMACISTS

A Medication Review is a patient-care service in which a pharmacist meets one-on-one with a Newfoundland and Labrador Prescription Drug Program (NLPDP) beneficiary to review his/her medication regime. Medication review is available to beneficiaries with diabetes who are being treated with oral hypoglycemic medications or insulin.

The purpose of a Medication Review is to:

- Improve the beneficiary's knowledge of and compliance with his/her medications.
- Minimize adverse effects with a view to improve overall safety and health outcomes.
- Solve drug-related problems where possible and within a pharmacist's scope, prevent emergency room visits and hospitalizations.
- Reduce wastage of medication.
- Instruct beneficiary on the use and disposal of medications and/or supplies.
- Discuss the impact of lifestyle changes on health.
- Recognize the role of the pharmacist in providing additional cognitive services to NLPDP beneficiaries.

The Pharmacist performing the Medication Review will:

- Explain to the beneficiary the purpose of the medication review and that there will be no out of pocket cost for him/her.
- Remind the beneficiary to bring his/her medication containers (even those obtained from other pharmacies) and over-the-counter drugs, vitamins, and herbal remedies to his/her medication review appointment.
- Meet with the beneficiary for an in-person consultation for a minimum of 20-30 minutes.
- Conduct an assessment of all available prescription and non-prescription medications with a view to identifying drug-related problems and resolving problems where possible and within a pharmacist's scope or, if applicable, making recommendations to the prescribing physician.
- Will complete a Medication Review Form. Pharmacies may develop their own Medication Review Form if desired (with the company header, for example) as long as a standard format is used and ALL of the information on the NLPDP template is on the modified form.

MEDICATION REVIEWS BY PHARMACISTS (continued)

The Pharmacist completing the Medication Review will (continued):

- Provide the beneficiary with a comprehensive list summary including recommendations as a result of the review.
- Forward a copy of the beneficiary's Medication Review Form to his/her family physician if applicable.
- Retain Medication Review Forms along with hardcopy of claim billed to the NLPDP on behalf of the beneficiary for two years for audit purposes.

NEWFOUNDLAND AND LABRADOR INTERCHANGEABLE DRUG PRODUCTS FORMULARY

New Categories Effective November 30, 2012

Exemestane 25mg

Anastrozole 1mg

Candesartan Cilexetil/Hydrochlorothiazide 16mg/12.5mg

DOCTOR WHO?



Special authorization requests should include the requesting prescriber's name (printed and signature), license number and contact information. This is helpful for communicating the results of the special authorization assessment including coverage details and any reassessment needed for coverage renewal as well as requesting additional information that may be needed to complete an assessment for coverage.

SPECIAL AUTHORIZATION REQUEST FORMS



Special Authorization request forms are available on the Department of Health and Community Services website

<http://www.health.gov.nl.ca/health/forms/index.html#4> in the Forms and Applications section. There is a standard form as well as specialized forms for Cholinesterase Inhibitors, Plavix (Clopidogrel), Renagel (Sevelamer), Methadone, Crohn's Disease medications (anti-TNF agents), Psoriasis and Rheumatoid Arthritis medications. These forms are a good guide as to what information is needed for

assessment for coverage and are being regularly updated to reflect NLPDP changes.



FAX NUMBER for REQUESTING SPECIAL AUTHORIZATION 729-2851

Please pay close attention when dialling the fax number to send in patient information. It has come to the attention of the Pharmaceutical Services Division that another government department with a similar fax number has been receiving a number of faxes concerning NLPDP beneficiaries. This is a serious concern

given the personal information contained in these transmissions.